

PROGRESS 2017

EVIDENCE-BASED MEDICINE: DO GEOGRAPHIC BOUNDARIES APPLY?

July 28th - 30th, 2017

Venue: The Leela Palace, Chennai

Conference organised by
E V Kalyani Medical Foundation Pvt. Ltd.
and
The Society for Medical Learning Resources Transfer

Organising Secretary: Dr Gita Arjun, FACOG

CONFERENCE HIGHLIGHTS

Dr EV Kalyani Oration

Childbirth: Should a woman have to face coercion, threats and violence?

Dr Evita Fernandez

Progress Oration

The short cervix: when to assess, how to treat

Dr Vincenzo Berghella

**Inauguration of
Society for Maternal Fetal Medicine, India**

BOOK RELEASE

Passport to a Healthy Pregnancy (2nd Edition)

Author: Dr Gita Arjun



The practice of Medicine in India runs the whole range of small single person practices to massive multi-speciality corporate hospitals. Geographical, political and economic lines divide both physicians and patients into the ones who have to manage with minimal resources and those who are faced with expensive choices. The rural-urban divide also looms large on the medical horizon.

In this morass of medical confusion, the conscientious practitioner struggles to apply evidence to practice. Since a large portion of medical literature comes from the West, the average Indian practitioner feels uncomfortable using that data. PROGRESS 2017 will address the issue of whether medical evidence, from anywhere in the world, can be used with modifications based on local resources. Will the establishment of protocols and systems based on global evidence be applicable to practice in India? In other words, do geographic boundaries apply?

A large proportion of busy practitioners do not have the time to access journals, or the Internet. Younger practitioners are afraid to break with taught tradition and hesitate to try innovative and fresh practices. The worry also exists that quoting data from outside the country may not be valid in an Indian court, in the unfortunate event of a medico-legal case.

The PROGRESS series of conferences has always staunchly focused on helping physicians apply evidence to practice, particularly in small hospitals. The ground reality in small practices is that the practitioner solely bears the brunt when things go wrong.

We strongly feel that following protocols and processes based on robust scientific evidence helps the practitioner get good results and helps build a strong reputation in the medical as well as the patient community.

The Society for Maternal Fetal Medicine of America is launching an India counterpart at PROGRESS 2017. This will help us coordinate with them to encourage the training of fellows in the subspecialty of Maternal Fetal Medicine and help us establish India-centric guidelines strongly grounded in the Indian context.

The PROGRESS series of conferences has, since its inception in 1993, earned loyal fans from all over the country. It is not an accident that this is a conference that attracts between 800-1000 delegates from around India.

Come, join PROGRESS 2017 to charge your databases and rekindle your passion for Obstetrics and Gynaecology!

Dr Gita Arjun, FACOG
Organising Secretary

Conference office:

EV Kalyani Medical Foundation Pvt. Ltd.
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A Practical Guide to Obstetrics

8.00 am Registration
9.00 - 9.10 am Welcome

Infections in pregnancy

9.15 - 9.25 am **You asked, we checked:** Optimal management of vaginal infection in pregnancy
Dr T Mathangi

9.30 - 9.50 am Immunisations in pregnancy: what should we offer?
Dr S Rajasri

9.55 - 10.15 am H1N1 in pregnancy: should we be alarmed?
Dr Vijayalakshmi Balakrishnan

10.20 - 10.40 am Ultrasound diagnosis of fetal infections
Dr Meenu Parasuram

10.40 - 10.55 am Audience interaction

10.55 - 11.25 am COFFEE

11.25 - 11.45 am **Release of 'Passport to a Healthy Pregnancy', 2nd Edition**

11.45 am **Dr EV Kalyani Oration:** Introduction of speaker

11.50 am - 12.20 pm **Dr EV Kalyani Oration**
Childbirth: Should a woman have to face coercion, threats and violence?
Dr Evita Fernandez

The fetus in focus

12.20 - 12.40 pm What can be diagnosed, predicted, and prevented in the first trimester?
Dr Indrani Suresh

12.45 - 1.05 pm Diagnostic work-up of a fetal anomaly
Dr Bijoy Balakrishnan

1.05 - 1.15 pm Audience interaction

1.15 - 2.15 pm LUNCH

Abnormal placentation

2.15 - 2.25 pm **You asked, we checked:** The cesarean epidemic and its consequences (placenta accreta, scar endometriosis)
Dr Runa Benjamin

2.25 - 2.45 pm Imaging in the diagnosis of abnormal placentation: a road map to safety
Dr R S Rama Krishnan

2.50 - 3.15 pm **Keynote address**
Approach with caution: Management of the morbidly adherent placenta
Professor V P Paily

3.15 - 3.25 pm Audience interaction

Applying evidence to clinical practice

3.25 - 3.55 pm **Keynote address:** Dharma yuddha: Separating fake news from the truth in medicine
Dr Arjun Rajagopalan

3.55 - 4.15 pm The CORONIS trial: Suture of choice for cesarean section in developing countries
Professor Jiji Mathews

4.20 - 4.35 pm The PROMISE study: does progesterone help in RPL?
Dr Soumya Balakrishnan

4.40 - 4.55 pm Interventions in labour and delivery: evidence-based guidelines
Dr Priya Kalyani

4.55 - 5.05 pm Audience interaction

5.05 - 5.25 pm **Food for thought**
Pregnancy is a window to future risk of chronic disease
Dr Usha Sriram

5.30 pm COFFEE

Maternal Fetal Medicine

- 8.30 - 8.40 am **You asked, we checked:**
Fetal movements count: does it help?
Dr Naseem Pervin Amir
- 8.40 - 9.00 am Hyperemesis: a neglected problem
Dr Kalaivani Ramalingam
- 9.05 - 9.25 am Ultrasound in the management of the growth restricted fetus
Dr Geeta Kolar
- 9.30 - 9.50 am Amniotic fluid disorders: an evidence-based approach
Dr Asha Rijhsinghani
- 9.50 - 10.00 am Audience interaction
- 10.00 - 10.15 am **Inauguration of Society for Maternal Fetal Medicine, India**
Setting common goals
- 10.15 **PROGRESS Oration:** Introduction of the speaker
- 10.20 - 10.50 am **PROGRESS Oration**
The short cervix: when to assess, how to treat
Dr Vincenzo Berghella
- 10.50 - 11.20 am COFFEE
- 11.20 - 11.30 am **You asked, we checked:**
Antenatal steroids - changing evidence
Dr Amritha Karthik
- 11.30 - 11.50 am Multiple pregnancy: therapeutic interventions
Dr S Suresh
- 11.55 - 12.15 pm Early onset PIH: challenges and solutions
Dr Nozer Sheriar
- 12.20 - 12.50 pm **Keynote address**
Cesarean section technique: what does the evidence say?
Dr Vincenzo Berghella
- 12.50 - 1.05 pm Audience interaction
- 1.05 - 2.00 pm LUNCH
- 2.00 - 2.20 pm **Practice point**
To tell or not to tell: disclosure of medical errors
Dr Gita Arjun

Infertility for the General Gynaecologist

- 2.25 - 2.35 pm **You asked, we checked:** Hormones, antioxidants and food supplements in the treatment of male infertility: benefit to patient or to the industry?
Dr M Nandini Devi
- 2.40 - 3.25 pm **Panel discussion:**
Management of infertility in the patient with PCOS
Moderator: *Dr Venugopal Menon*
Panelists: *Dr Tity Chacko*
Dr Niranjana Jayakrishnan
Dr Kavitha Nagarajan
Dr Sankalp Singh
- 3.25 - 3.40 pm Audience interaction
- 3.40 - 4.00 pm Are babies born through ART more likely to face problems?
Dr Cruz Winston Justin
- 4.05 - 4.25 pm Assessing ovarian reserve to optimise infertility treatment
Dr Sankalp Singh
- 4.30 - 4.50 pm OHSS: recognition, repercussions and management
Dr Madhuri Patil
- 4.50 - 5.00 pm Audience interaction
- 5.00 pm COFFEE

Practical Guide to Gynaecology

Reproductive endocrinology

- 9.00 - 9.10 am **You asked, we checked:** Menstrual manipulation in physically and mentally disabled adolescents
Dr Sunantha Perumal
- 9.10 - 9.30 am Galactorrhoea: an evidence-based approach
Dr Krishnendu Gupta
- 9.35 - 9.55 am Maintaining midlife mood, mind, and memory: therapeutic options
Dr Usha Sriram
- 9.55 - 10.05 am Audience interaction

Adolescent gynaecology

- 10.05 - 10.25 am Menstrual disturbances in the adolescent girl: age appropriate management
Dr Pranathi Reddy
- 10.30 - 10.50 am Management of adnexal masses in adolescents: a sensitive approach
Professor Lakshmi Seshadri
- 10.50 - 11.00 am Audience interaction
- 11.00 - 11.30 am COFFEE

Surgical dilemmas

- 11.30 - 11.40 am **You asked, we checked:** Managing SSI in laparoscopy
Dr A Vanitha
- 11.40 - 12.00 noon Fertility preserving surgery in gynaec oncology
Professor Ava Desai
- 12.05 - 12.25 pm The mesh mess: lessons learnt
Dr Shyjus Nair
- 12.30 - 12.50 pm Tackling scar endometrioma: how deep and how wide?
Dr Uma Ram
- 12.50 - 1.00 pm Audience interaction
- 1.00 - 1.15 pm Evidence Based Medicine: Do geographic boundaries apply?
Dr Gita Arjun
- 1.15 - 1.30 pm Valedictory function
- 1.30 pm LUNCH

Invited international speakers:

Professor Vincenzo Berghella

(Past president, SMFM)

Director, Division of Maternal-Fetal Medicine,
Thomas Jefferson University, USA

Professor Asha Rijhsinghani

Professor, Maternal Fetal Medicine
Albany Medical College, New York, USA

Dr EV Kalyani Oration to be delivered by:

Dr Evita Fernandez

Director, Fernandez Group of Hospitals, Hyderabad

PROGRESS Oration to be delivered by:

Professor Vincenzo Berghella

Faculty

Dr Amritha Karthik

Consultant Obstetrician & Gynaecologist,
Seethapathy Hospital & Clinic, Chennai

Dr Arjun Rajagopalan

Advisor and Trustee, Sundaram Medical Foundation
Formerly Medical Director and HOD, Department of
Surgery, SMF, Chennai

Professor Ava Desai

Professor, Department of Gynecologic Oncology, GCRI,
Consultant Gynecologic Oncologist,
Diva Clinic for Women, Ahmedabad

Dr Bijoy Balakrishnan

Consultant in Maternal-Fetal Medicine
CIMAR, Edappal and Cochin

Dr Cruz Winston Justin

Consultant Gynaecologist and Obstetrician
Harrogate Hospital, North Yorkshire, UK

Dr Geeta Kolar

Senior Consultant in Obstetrics and Gynaecology,
Fernandez Hospitals, Hyderabad

Dr Gita Arjun

Director, EV Kalyani Medical Foundation, Pvt. Ltd.,
Chennai

Dr Indrani Suresh

Director, and Consultant Ultrasonologist,
Mediscan Systems, Chennai

Professor Jiji Matthews

Professor, Department of Obstetrics and Gynaecology,
CMC, Vellore

Dr Kalaivani Ramalingam

Consultant Obstetrician and Gynaecologist,
Apollo Hospitals, Chennai

Dr Kavitha Nagarajan

Consultant in Reproductive Medicine,
Womens Center, Coimbatore

Professor Krishnendu Gupta

Professor & Unit Head,
Dept of Obstetrics & Gynaecology,
Vivekananda Institute of Medical Sciences (VIMS),
Kolkata

Professor Lakshmi Seshadri

Senior Consultant in Obstetrics and Gynaecology
Thirumalai Mission Hospital, Vellore
Formerly Professor and HOD, CMC, Vellore

Dr Madhuri Patil

Clinical Director,
Dr. Patil's Fertility and Endoscopy Clinic, Bangalore

Dr T Mathangi

Junior Consultant in Obstetrics and Gynaecology
Seethapathy Hospital & Clinic, Chennai

Dr Meenu Parasuram

Consultant Radiologist,
Dept. of Maternal-Fetal medicine,
CIMAR, Edappal and Cochin

Dr M Nandini Devi

Fellow in Reproductive Medicine,
Sri Ramachandra Medical College, Chennai

Dr Naseem Pervin Amir

Consultant Obstetrician and Gynaecologist
VHS, Chennai

Dr Niranjana Jayakrishnan

Consultant in Reproductive Medicine,
KJK Hospital, Thiruvananthapuram

Dr Nozer Sheriar

Consultant obstetrician and gynaecologist, Mumbai

Professor V P Paily

Senior consultant and HOD, Rajagiri Hospital,
Aluva, Ernakulam

Dr Pranathi Reddy

Consultant Obstetrician and Gynaecologist
Rainbow Hospital for Women & Children, Hyderabad

Dr Priya Kalyani

Consultant Obstetrician and Gynaecologist,
Medical Director at Bloom/ KM Speciality, Chennai

Dr S Rajasri

Consultant Obstetrician and Gynaecologist
Shri Maternity Klinik and Cloud Nine Hospital, Chennai

Dr R S Rama Krishnan

Consultant Radiologist,
Medall Healthcare Pvt. Ltd., Chennai

Dr Runa Benjamin

Consultant Obstetrician and Gynaecologist
Seethapathy Hospital & Clinic, Chennai

Dr Sankalp Singh

Director, Unit of Reproductive Medicine,
Craft hospital, Kodungallur, Kerala

Dr Shyus Nair

Laparoscopic Surgeon/ Fertility Specialist
ARMC - IVF Fertility Centre, Kannur, Kerala

Dr Soumya Balakrishnan

Consultant Obstetrician and Gynaecologist,
Seethapathy Hospital & Clinic @ EV Kalyani
Medical Centre, Chennai

Dr Sunantha Perumal

Senior Registrar in Obstetrics and Gynaecology,
Cloud Nine Hospital, Chennai

Dr S Suresh

Director and Consultant Ultrasonologist.
Mediscan Systems, Chennai

Dr Tity Chacko

Consultant in Reproductive Medicine,
Lakshmi Hospital, Cochin

Dr Uma Ram

Director, and Consultant Obstetrician & Gynaecologist,
Seethapathy Hospital & Clinic and
EV Kalyani Medical Centre, Chennai

Dr Usha Sriram

Director and Consultant Endocrinologist, ACEER, Chennai

Dr A Vanitha

Director, Sunrays Laparoscopic Centre, Chennai

Dr Venugopal Menon

Consultant in Reproductive Medicine,
Executive Director,
Asian Reproductive Medicine Center, Thrissur

Dr Vijayalakshmi Balakrishnan

Senior Consultant in Infectious Diseases, Chennai

Conference committee

Organising secretary : Dr Gita Arjun

Co-ordinator : Dr Arjun Rajagopalan

Administrative co-ordinators

Ms Jean Sreenivasan

Ms N Sundaravalli

Ms Sudha Kailas

Ms Jyothi Luiz

Conference Fee

Program	Fee	Postgraduate Fee
Conference (all 3 days) (before July 10)	Rs 8500	Rs 3000
Conference (all 3 days) (after July 10)	Rs 9000	Rs 3500



PROGRESS 2017 is being held at **The Leela Palace, Chennai**. On the confluence of the Bay of Bengal and the Adyar river, it is Chennai's first and only seafront city hotel. Having a spectacular sea view on offer is sure to make the experience a memorable one for our delegates.

Equipped with world-class amenities, the meeting and conference centres are luxurious and lavish.

The Leela Palace is offering a special discounted room tariff of Rs 8250 (inclusive of taxes and breakfast) for both single and double occupancy specifically for the delegates attending our conference.

Themes of recent PROGRESS conferences

- 2001 Evidence vs. Cost - Cost effective Practice in 21st Century India
- 2003 Protocols and Processes in Obstetrics and Gynaecology
- 2005 Staying small. Thinking big
- 2007 Surgical skills in Obstetrics and Gynaecology
- 2009 Skills in Obstetrics and Gynaecology: Learning the new, polishing the old
- 2011 Managing complications in Obstetrics and Gynaecology
- 2013 Interpreting Evidence: Applying theory to practice
- 2015 Practice Guidelines for the Indian Context

In 2011 and 2014, PROGRESS was also held in Yangon, Myanmar